

The Spa at
LOST CREEK RANCH



couples massages available for all services

I. Foundations

THE CLASSIC

Swedish Massage

60 min | \$200

90 min | \$270

THE TETON

Deep Tissue Massage

60 min | \$220

90 min | \$270

THE BRONCO

Sports Massage

60 min | \$220

90 | \$270

LYMPHATIC DRAINAGE

Relief of swelling caused by lymphatic blockage

60 min | \$220

90 | \$270

REFLEXOLOGY

Gentle pressure applied to specific points on the feet, ears, and hands

60 min | \$220

90 | \$270

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II. Enhancements

AROMATHERAPY (\$38)

You can choose any single or combination of aromas

Lemongrass	Lemon	Cinnamon
Sage	Sandalwood	Peppermint
Lavender	Orange	Rosemary
Pine	Grapefruit	Eucalyptus
Lime	Bergamot	Cedarwood

HOT STONE (\$38)

Our therapists use a combination of active hot stone techniques and hot stone placements to address problem areas and create deep relaxation.

FOOT SUGAR SCRUB (\$38)

Our custom sugar scrub is prepared on-site. It is a mixture of brown sugar, coconut oil, and essential oil of your choice. The sugar scrub exfoliates the feet and is followed by hot towel compressions and finishes with lotion.

GUA SHA (\$50)

This traditional Chinese medicine is used to relieve tension in the face and reduce puffiness, inflammation, and sinus pressure. Also useful to relieve muscle and joint pain.

CUPPING (\$60)

Cupping therapy is an ancient form of alternative medicine in which a therapist puts cups on the skin to create suction. It can help with pain, inflammation, blood flow, relaxation and well-being.

CBD OIL (\$48)